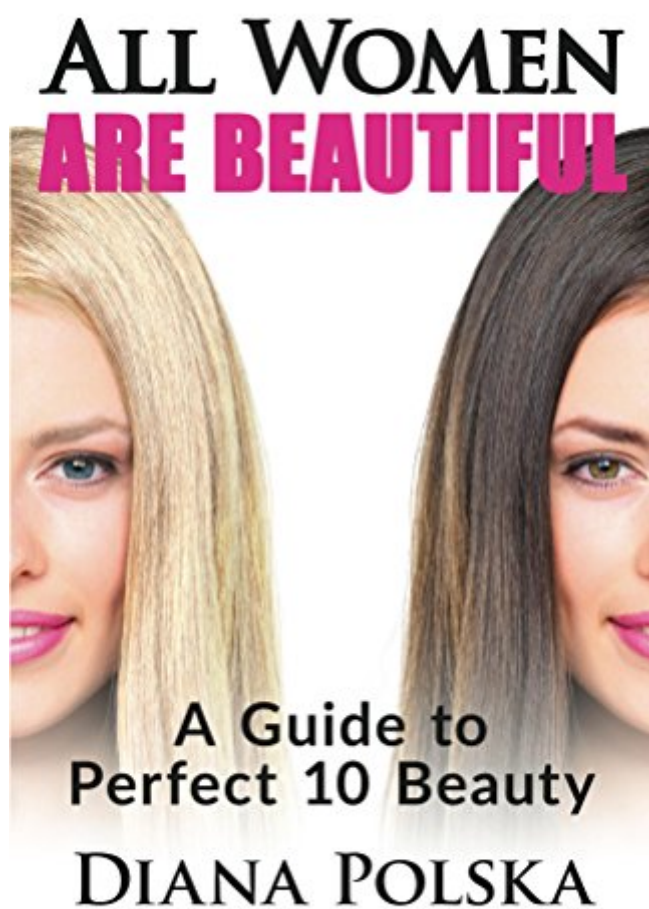


The book was found

# All Women Are Beautiful: A Guide To Perfect 10 Beauty (Attract Men)



## Synopsis

All Women Are Beautiful is the most comprehensive book ever written on how to improve female attractiveness, with over 1,000 scientific studies referenced. No woman should ever feel inferior because of the way she looks; every single woman is beautiful. A plain woman is like a diamond in the rough that just needs polishing, and with cosmetic surgery, makeup, styling, and training, any woman can be a perfect 10. False statements: 1. You can't make a plain person attractive 2. You can't change bone structure 3. You can't take more than 10 years off a face "I broke all three rules and set a new world record." - Cindy Jackson

The book explains how every woman can improve her outer beauty and inner beauty. Although some individuals deem certain women to be unappealing and unapproachable, the book confirms that there are no ugly women; there are only women who do not know how to look pretty.

**BOOK OUTLINE**

**Introduction:** The many advantages of being beautiful and why beauty matters.

**Chapter 1: Perfect 10 Face** Increase the attractiveness of your face with cosmetic procedures, makeup, and other techniques.

**Chapter 2: Perfect 10 Skin** Achieve perfect, flawless, and youthful skin with scientifically proven skin care products, supplements, and other techniques.

**Chapter 3: Perfect 10 Hair** How to get the right color and style, grow your hair faster, and make your hair shiny, and thick.

**Chapter 4: Perfect 10 Body** Achieve a perfect WHR and BMI. How to get a 24 inch waist or smaller, how to naturally increase the projection of your buttocks, how to get thin.

**Chapter 5: Perfect 10 Breasts** How to increase the size and firmness of your breasts naturally without surgery.

**Chapter 6: Perfect 10 Health** How to achieve perfect health, disease resistance, high energy, and a strong immune system with scientifically proven methods.

**Chapter 7: Perfect 10 Style** How to select stylish clothing, accessories, and scent.

**Chapter 8: Perfect 10 Elegance** Achieve elegance by learning proper movement, voice, speech, manners, class, and sophistication.

**Chapter 9: Perfect 10 Personality** How to improve your charm, confidence, sassiness, positivity, and intelligence.

**Chapter 10: Perfect 10 Character** How to improve your inner beauty.

\*Note: References found in the print version are not available in the ebook version.

## Book Information

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## Customer Reviews

I love this book! Great tips on making your own natural perfume, and it has so much information in it for any girl who is wanting to improve her self image, appearance, health, etc..

I enjoyed the health sections, but overall I found this book to be quite sexist with an obvious Christian bias that the author (or her editors) had attempted to make less noticeable. I also disliked that the section concerning plastic surgery was so close to the beginning of the book. Our culture is already obsessed with plastic surgery as it is, and I found the focus on how to "fix" one's face by means of plastic surgery to be utterly appalling. Also, it read as if written by a high school student with "So-and-so said" always being the introduction to a quote. Many parts were quite redundant as well. In this book, I found practical information on nutrition, exercise and makeup that I could apply to my life, but much of the ideas presented are impractical for anyone on a budget. Overall, I disliked the book's theme and tone, but found a few sections to be helpful.

I am VERY happy with this book. Diana Polska (Author) is very motivating and inspiring and her book is filled with information that can help you increase your attractiveness. I am incorporating what I read into my life and it is really making a difference. This book is filled with inspiration and motivation for anyone wanting to transform not only their bodies but their life styles and her positivity and energy shines through.

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Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Attract Men: Creating Emotional Attraction: Why Men Become Distant, How To Avoid The Mistakes That Kill Attraction, Intensify Your Connection & Trigger ... and Dating Advice for Women Book 2) What Women Want When They Test Men: How To Decode Female Behavior, Pass A Woman's Tests, And Attract Women Through Authenticity Beauty Tips: Simple Beauty Tips for all Girls, Teens and Women DIY Beauty Magic (6 in 1): Epsom Salt, Aromatherapy, Body Scrubs, Candles, Essential Oils and Lotions for Your DIY Beauty Routine (Body Care & Beauty Products) The Beauty Detox Foods: Discover the Top 50 Beauty Foods That Will Transform Your Body and Reveal a More Beautiful You Wedding Dresses - A Picture Guide Book For Wedding Dress and Gown Inspirations: A Picture-Perfect Guide To Selecting The Perfect Wedding Gown Is The Perfect ... For Brides-To-Be (Weddings by Sam Siv 7) But Some Of Us Are Brave: All the Women Are White, All the Blacks Are Men: Black Women's Studies Inside The Mind of An Alpha Male: 16 Attitudes That Attract Women, Win Friends, Increase Confidence, Gain Charisma, Master Leadership, and Dominate Life ... and Dating Advice for Men Book 3) Texting Men The Smart Way: How To Use Texting To Attract Mr.Right and Keep Your Relationship Fresh (Dating Advice For Women) A Beautiful Wedding: A Beautiful Disaster Novella (Beautiful Disaster Series) The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Eye Contact Training: Get Women, Increase Your Power & Become a True Leader (Eye contact book, Confidence building, Body language secrets, Nonverbal communication, ... Body language training, Attract women) Natural Beauty: Radiant Skin Care Secrets & Homemade Beauty Recipes From the World's Most Unforgettable Women (Essential Oil for Beginners Series) The Beauty Myth: How Images of Beauty Are Used Against Women Men as Women, Women as Men: Changing Gender in Native American Cultures Natural Beauty for All Seasons: More Than 250 Simple Recipes and Gift-Giving Ideas for Year-Round Beauty All Mye Queen's Men Chronicles of Love, Volume I (All Mye Queen's Men, Chronicles of Love)

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